

Dec 11, 2025
Sanden Corporation

SMP Launched Its First “Wellbeing Month”

– Featuring Programs Including Health Promotion Events and Charity Activities –

Sanden Corporation (Head Office: Isesaki, Gunma, Japan; hereinafter “Sanden”) announced that its European subsidiary, Sanden Manufacturing Poland sp. z o.o. (SMP), held its first-ever “Well-being Month” in October 2025. The month-long initiative was designed to comprehensively support employees’ physical, mental, and social health and was open to all employees.

Through these activities, employees were able to better understand their health conditions and recognize the importance of prevention and self-care. Vehicles equipped with natural refrigerants R290 and R744, achieving an impressive result.

As part of its social contribution efforts, Sanden Manufacturing Poland (SMP) organized a charity sale of handmade products created by people with disabilities and donated to an animal protection association. These activities resulted in a total contribution of PLN 3,602.50 (approximately JPY 150,000). Employees who took part shared positive feedback, saying things like, “Even a small amount can make a big difference when combined. We’d love to continue this initiative next year.”

Under the philosophy that “a company is its people,” the Sanden Group regards creating an environment where employees can work in good physical and mental health as a key management priority. Building on this initiative, Sanden will continue to promote activities that combine the enhancement of employee well-being with contributions to society.



Scenes from the charity sale (purchases by SMP employees)

● Program Highlights

■ Physical Well-being

• Health Checkups and Medical Consultations

Blood tests, hair and skin diagnostics, and individual nutrition consultations were provided under the supervision of medical specialists, offering employees an opportunity to understand their health status.

• Sports and Fitness Classes

After-work yoga sessions and posture-improvement exercises were organized to help employees refresh their bodies and minds and encourage regular exercise.

• Pink October Campaign

Awareness activities on breast cancer prevention were conducted to promote a workplace environment where women can feel safe and supported.



■ Mental Well-being

• Internal Health Information Sharing

Podcasts on topics such as obesity prevention and spinal care were distributed internally, helping employees deepen their understanding of everyday health management.

• Coffee & Conversation

Informal sessions with HR and Administration representatives were organized, creating an open environment where employees could share opinions and seek advice on workplace support systems.



■ Social Well-being

• Charity Activities

Donations were made to the animal protection association “Lubin” and support was provided for a bazaar organized by the disability support association “Życ Godnie”.
At the SMP cafeteria, employees sold handmade products created by people with disabilities, raising PLN 3,602.50 (approximately JPY 150,000), which was donated to these organizations.



[Links]

• Sanden Manufacturing Poland SMP : [SMP – Sanden Manufacturing Poland](https://www.sanden.co.jp/english/)

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